KINE 2312 - Anatomical Kinesiology

Fall 2026 Syllabus, Section 180, CRN 18316

Instructor Information

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Office Hours:
Monday and Wednesday 1:30 PM- 4 PM
Or by appointment
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Times and Location

Does Not Meet Face-to-Face

Course Description

This course introduces students to the structure of the human body with particular emphasis on the skeletal and muscular systems, their function in the mechanics of human movement, and their application to performance-based human movement. This base knowledge in movement anatomy will provide a foundation for more advanced work in biomechanics and exercise physiology.
Health Sciences Department, College of Nursing&Health Sci

Program Learning Outcomes

During the course of studies, the student will:

1. Explain, identify, and/or demonstrate the theoretical and/or scientific principles that can be used to address issues or problems in kinesiology.

2. Apply knowledge and skills required to assess human performance related characteristics of individuals from diverse populations.

3. Evaluate and interpret components of health-related fitness.

4. Analyze and discuss current issues in health, physical activity, and wellness.

5. Develop quality wellness program (s) for the individual and/or community.

Student Learning Outcomes

After the course, students will be able to:

CO1: Identify the major bones and muscles that make up the skeletal/musculoskeletal system.

CO2: Define the terminology used to describe planes of motion, reference positions, alignment variation, anatomical direction, and joint movements.

CO3: Describe how the major bones, muscles, and joints contribute to human movement.

CO4: Analyze basic biomechanical principles as it applies to human movement.

CO5: Explain various training principles and correct exercises that strengthen specific major muscle groups.

CO6: Analyze how neuromuscular fundamentals aid in muscle contractions and joint movements.

CO7: Demonstrate the ability to show how muscles and joint movements are used during movement/sport/exercise.

Important Dates

Visit the Academic Calendar (tamiu.edu) (https://www.tamiu.edu/academiccalendar/) page to view the term's important dates.

Textbooks

Group	Title	Author	ISBN
Required	Manual of Structural Kinesiology 22nd Edition	R.T.Floyd	ISBN13: 9781264428236

Grading Criteria

Grading System

A: 100-90

B: 89-80

C: 79-70

D: 69 - 60

F: Below 60

Non-Weighted/Formative:

Smart Book Readings - Modules 1-12 are homework readings that must be completed before attempting discussions/voice threads and quizzes. These interactive readings will ensure a complete understanding of each module, and the highlighted areas that you see in each reading put an emphasis on what you need to know for each quiz (You need to earn a maximum of 100 points for each smart book reading before you can move on to the next item.)

Module Assignments - The assignments will enhance learning, and you can either do the course arc or the worksheet as a practice learning activity.

Weighted Grades:

10% - Chapter Quizzes

25% - Discussions/Harmonize

15% - Assignments

25% - Mid-Term Exam

25% - Final Exam

Additional Course Information

CNHS Examination Policy and Guidelines:

All online exams must use Respondus LockDown browser, and if off campus without direct faculty proctoring, the student must also use the Respondus webcam. All students need to purchase a year-long license for Respondus.

Respondus LockDown Browser (Free) and Monitor

This course requires using LockDown Browser and Respondus Monitor (webcam) for online exams. The webcam can be built into your computer or can be the type that plugs in with a USB cable.

Watch this short video (http://www.respondus.com/products/lockdown-browser/student-movie.shtml) to get a basic understanding of what LockDown Browser and Respondus Monitor (the webcam feature) are. A student Quick Start Guide (PDF) (https://web.respondus.com/wp-content/uploads/2020/04/RLDB-Quick-Start-Guide-BbUltra-Student.pdf) is also available.

Download Instructions

Click the *Assist* navigation link in Blackboard or visit TAMIU's Respondus LockDown Browser and Respondus Monitor web page (https://www.tamiu.edu/distance/technology/respondus-ldb-and-monitor.shtml). Scroll down to the section on the *Respondus LockDown Browser*. Click the link to access the webpage for the software and additional information.

To Access Your Test

1. First, be sure the Respondus LockDown Browser software is fully installed on your computer.
2. Open a regular web browser (Google Chrome, Mozilla Firefox, MS Edge, Safari)
3. Log in to Blackboard Learn.
4. Navigate to the course and test.
5. Start your attempt.
6. This will launch the Respondus LockDown Browser software.
7. Complete the Respondus Monitor wizard, and begin your test.

Note: You won't be able to access tests with a standard web browser. If this is tried, an error message will indicate that the test requires the use of LockDown Browser. Simply start LockDown Browser and navigate back to the exam to continue.

Exam Security and Electronic Devices

During online exams, students may not use or access cell phones, smartwatches (including Apple Watches), earbuds, headphones, smart glasses (including Meta glasses), tablets, or any other unauthorized electronic or wearable devices.

Possession or use of an unauthorized device during an exam may be treated as a potential academic-integrity violation. Exceptions will be made only for accommodations formally approved by TAMIU Disability Services. Students who wear prescription smart glasses must use regular prescription glasses during exams unless an alternative arrangement has been approved in advance.

Guidelines

When taking an online exam that requires LockDown Browser and a webcam, remember the following guidelines:

· Ensure you're in a location where you won't be interrupted

· Turn off all other devices (e.g., tablets, phones, smartwatches and second computers) and place them outside of your reach

· Before starting the test, know how much time is available for it, and also that you've allotted sufficient time to complete it

· Clear your desk or workspace of all external materials not permitted - books, papers, other devices

· Remain at your computer for the duration of the test

· If the computer, Wi-Fi, or location is different than what was used previously with the "Webcam Check" and "System & Network Check" in LockDown Browser, run the checks again prior to the exam

· To produce a good webcam video, do the following:

o Avoid wearing baseball caps or hats with brims

o Ensure your computer or device is on a firm surface (a desk or table). Do NOT have the computer on your lap, a bed, or another surface where the device (or you) is likely to move

o If using a built-in webcam, avoid readjusting the tilt of the screen after the webcam setup is complete

o Take the exam in a well-lit room, but avoid backlighting (such as sitting with your back to a window)

· Remember that LockDown Browser will prevent you from accessing other websites or applications; you will be unable to exit the test until all questions are completed and submitted

Getting Help

Several resources are available if you encounter problems with LockDown Browser.

· The Windows and Mac versions of LockDown Browser have a "Help Center" button on the toolbar. Use the "System & Network Check" to troubleshoot issues.

· If you have problems downloading, installing, or taking a test with Respondus LockDown Browser, email the TAMIU eLearning Team at elearning@tamiu.edu.

Webcam Checkout for Personal Computer

If students cannot use personal or borrowed computers and equipment, students may stop by the Instructional Technology and Distance Education Services office to check out webcams (with built-in microphones). The office is located at **Dr. Billy F. Cowart Hall 208** and is open **Monday through Friday from 8 a.m. to 6 p.m**. Check-out for a webcam is on a first-come, first-served basis. Speak with an eLearning staff member to check out a camera. Students will sign an Equipment Loaner Agreement, making them responsible for the care of the camera. Webcams checked out must be returned within five business days of the checkout date.

GenAI Policy

In this course, students may leverage generative artificial intelligence (GenAI) tools (e.g., ChatGPT, Gemini, Microsoft Copilot, writing tools) to assist with assignments specified by the instructor. The use of GenAI is intended to support [specific learning objectives, e.g., critical analysis, creative thinking, or productivity in content creation], with the following guidelines in place to ensure academic integrity:

Permissible Uses: Students are welcome to use AI tools for tasks such as brainstorming, creating outlines, exploring different perspectives on a topic, data visualization, data analysis, or drafting ideas. However, for assignments requiring critical analysis or personal reflections, AI tools are not permitted unless explicitly allowed by the instructor.

Documentation of AI Use: For each assignment where GenAI is utilized, please provide:

Tool Used: Specify the AI application or tool (e.g., ChatGPT, Microsoft Copilot).

Purpose: Describe how GenAI contributed to your work (e.g., idea generation, grammar improvement).

Evaluation: Reflect briefly on the AI output's accuracy and relevance.

Integration: Explain how you incorporated and refined the GenAI content into your final submission.

Students are responsible for maintaining academic integrity by ensuring all GenAI use is properly documented and credited. When AI contributes significantly to the development of an assignment, students are required to cite the tool in APA format (e.g., "ChatGPT, OpenAI"). This citation should explain how the tool was used.

Students are responsible for ensuring the accuracy of all content submitted, as AI-generated content may contain inaccuracies. Review and verify all information independently.

Failure to disclose the use of GenAI tools or presenting AI-generated content as one's original work constitutes academic misconduct and may result in disciplinary action.

Plagiarism and AI Issues in this Class:

Turnitin will check for plagiarism and has AI writing detection capabilities. If plagiarism and AI writing are detected, it will be directly reported to the Honor Council.

Assignment Submissions

Assignments must be submitted on Blackboard by the posted due date and time. Please note that emailed assignments or assignments sent via course messages won't be accepted, and only your final submission will be graded. Be sure to fully complete and submit your work before the deadline —anything marked as "In progress" after the due date will receive a zero.

File Submissions

To ensure your work can be opened and graded without issues, please upload files in a format compatible with Blackboard (such as Word or PDF). Google Docs and Mac-specific formats often don't work well with the system, so they can't be accepted for a grade.

Late Work Policy

No late work will be accepted.

Student-Athletes
If you're an athlete and have a game or competition that conflicts with a scheduled exam, please notify me at least 48 hours in advance so we can make arrangements for a makeup.

Technical Difficulties

If you encounter technical issues, please contact the Office of Information Technology (OIT) immediately. If a technical issue affects your ability to submit something on time, please have OIT email me documentation as proof.

Feedback on Your Work

You'll find feedback in the comment boxes or rubric sections on Blackboard. I encourage you to read through that feedback carefully. If you still have questions after reviewing the comments, I'm happy to discuss them with you.

Communication

I aim to respond to emails and course messages within 48 hours during the week, excluding holidays. So, try to reach out with any time-sensitive questions in advance.

Excused Absences & Make-Up Work

If you have a university-excused absence, please ensure that you submit documentation and any make-up work by the last class day, so we can verify that everything is accounted for.

Final Grade Rounding

Final grades will be rounded up if your average is .5 or higher—for example, an 89.5% becomes a 90%. I want your hard work to be reflected fairly in your final grade.

Extra Credit

To keep expectations consistent, I don't offer extra credit assignments. Your best strategy is to stay engaged and complete all regular coursework to the best of your ability.

Subject to Change
The syllabus is subject to change. Students will be notified of any changes with sufficient time.

Schedule of Topics and Assignments

Week of	Agenda/Topic	Reading(s)	Due
8/24	Syllabus Acknowledgement Harmonize "Why Kinesiology?" Ch. 1 Introduction to Anatomical/Structural Kinesiology	Ch. 1 Introduction to Anatomical/Structural Kinesiology	Syllabus Acknowledgement Harmonize " Why Kinesiology?" Formative Assessment due Sunday by 11:59 PM Chapter 1 Quiz due Sunday by 11:59 PM Anatomical Foundations- Directions and Movement Harmonize due Sunday by 11:59 PM
8/31	Ch. 2. Neuromuscular Fundamentals	Ch. 2. Neuromuscular Fundamentals	Chapter 2 Quiz due Sunday by 11:59 PM Chapter 2 Discussion due Sunday by 11:59 PM
9/7	Ch. 3. Basic Biomechanical Factors and Concepts	Ch. 3. Basic Biomechanical Factors and Concepts	Chapter 3 Quiz due Sunday by 11:59 PM Explaining Levers and Applying Newton's Law of Motion due Sunday by 11:59 PM
9/14	Ch. 4. The Shoulder Girdle	Ch. 4. The Shoulder Girdle	Chapter 4 Quiz due Sunday by 11:59 PM

9/21	Ch. 5. The Shoulder Joint	Ch. 5. The Shoulder Joint	Chapter 5 Quiz due Sunday by 11:59 PM Shoulder Joint Harmonize due Sunday by 11:59 PM
9/28	Ch. 6. The Elbow & Radio-ulnar Joint	Ch. 6. The Elbow & Radio-ulnar Joint	Chapter 6 Quiz due Sunday by 11:59 PM Chapter 6 Discussion due Sunday by 11:59 PM
10/5	Midterm Exam	Midterm Exam	10/8 - Midterm Exam due by 11:59 PM
10/12	Ch. 7. Wrist and Hand Joints	Ch. 7. Wrist and Hand Joints	Hand and Wrist Harmonize due Sunday by 11:59 PM Chapter 7 Quiz due Sunday by 11:59 PM
10/19	Ch. 8. The Iliofemoral (Hip) Joint and Pelvic Girdle	Ch. 8. The Iliofemoral (Hip) Joint and Pelvic Girdle	Chapter 8 Discussion due Sunday by 11:59 PM Chapter 8 Quiz due Sunday by 11:59 PM
10/26	Ch. 9. The Knee Joint	Ch. 9. The Knee Joint	Knee Joint Harmonize due Sunday by 11:59 PM Chapter 9 Quiz due Sunday by 11:59 PM
11/2	Ch. 10. The Ankle and Foot Joints	Ch. 10. The Ankle and Foot Joints	Chapter 10 Quiz due Sunday by 11:59 PM Chapter 10 Discussion due Sunday by 11:59 PM
11/9	Ch. 11. The Trunk and Spinal Column	Ch. 11. The Trunk and Spinal Column	Chapter 11 Quiz due Sunday by 11:59 PM Chapter 11 Voice Thread due Sunday by 11:59 PM
11/16	Ch. 12. Muscular Analysis of Selected Exercises and Related Concepts	Ch. 12. Muscular Analysis of Selected Exercises and Related Concepts	Chapter 12 Voice Thread Muscle Engagement Presentation due Sunday by 11:59 PM Chapter 12 Quiz due Sunday by 11:59 PM
11/23			Thanksgiving Break
11/30	Final Exam	Final Exam	12/3 - Final Exam Due Thursday at 11:59

University/College Policies

Please see the University Policies below.

COVID-19 Related Policies

If you have tested positive for COVID-19, please refer to the Student Handbook, Appendix A (Attendance Rule) for instructions.

Required Class Attendance

Students are expected to attend every class in person (or virtually, if the class is online) and to complete all assignments. If you cannot attend class, it is your responsibility to communicate absences with your professors. The faculty member will decide if your excuse is valid and thus may provide lecture materials of the class. According to University policy, acceptable reasons for an absence, which cannot affect a student's grade, include:

- Participation in an authorized University activity.
- Death or major illness in a student's immediate family.
- Illness of a dependent family member.
- Participation in legal proceedings or administrative procedures that require a student's presence.
- Religious holy day.
- Illness that is too severe or contagious for the student to attend class.
- Required participation in military duties.
- Mandatory admission interviews for professional or graduate school which cannot be rescheduled.

Students are responsible for providing satisfactory evidence to faculty members within seven calendar days of their absence and return to class. They must substantiate the reason for the absence. If the absence is excused, faculty members must either provide students with the opportunity to make up the exam or other work missed, or provide a satisfactory alternative to complete the exam or other work missed within 30 calendar days from the

date of absence. Students who miss class due to a University-sponsored activity are responsible for identifying their absences to their instructors with as much advance notice as possible.

Classroom Behavior (applies to online or Face-to-Face Classes)

In the classroom, students are expected to listen attentively, participate respectfully, and adhere to established rules. Behavior that interferes with the class lecture may result in disciplinary action, ensuring a productive and respectful learning environment for everyone. Any disputes over academic matters should be addressed calmly and constructively, ideally during designated times such as office hours or after class. If a student does not agree with a decision, they can request a meeting with the instructor to discuss their concerns in more detail. Should further resolution be needed, the student may escalate the matter to the department head or use formal grievance procedures as outlined in the sections below. (please refer to Student Handbook Article 4 (https://www.tamiu.edu/handbook/article-04.shtml)).

TAMIU Honor Code: Plagiarism and Cheating

As a TAMIU student, you are bound by the TAMIU Honor Code to conduct yourself ethically in all your activities as a TAMIU student and to report violations of the Honor Code. Please read carefully the Student Handbook Article 7 and Article 10 available at Student Handbook (https://www.tamiu.edu/handbook/index.shtml).

We are committed to strict enforcement of the Honor Code. Violations of the Honor Code tend to involve claiming work that is not one's own, most commonly plagiarism in written assignments and any form of cheating on exams and other types of assignments.

Plagiarism is the presentation of someone else's work as your own. It occurs when you:

1. Borrow someone else's facts, ideas, or opinions and put them entirely in your own words. You must acknowledge that these thoughts are not your own by immediately citing the source in your paper. Failure to do this is plagiarism.
2. Borrow someone else's words (short phrases, clauses, or sentences), you must enclose the copied words in quotation marks as well as citing the source. Failure to do this is plagiarism.
3. Present someone else's paper or exam (stolen, borrowed, or bought) as your own. You have committed a clearly intentional form of intellectual theft and have put your academic future in jeopardy. This is the worst form of plagiarism.

Here is another explanation from the 2020, seventh edition of the Manual of The American Psychological Association (APA):

"Plagiarism is the act of presenting the words, idea, or images of another as your own; it denies authors or creators of content the credit they are due. Whether deliberate or unintentional, plagiarism violates ethical standards in scholarship" (p. 254). This same principle applies to the illicit use of AI.

Plagiarism: Researchers do not claim the words and ideas of another as their own; they give credit where credit is due. Quotations marks should be used to indicate the exact words of another. Each time you paraphrase another author (i.e., summarize a passage or rearrange the order of a sentence and change some of the words), you need to credit the source in the text. The key element of this principle is that authors do not present the work of another as if it were their own words. This can extend to ideas as well as written words. If authors model a study after one done by someone else, the originating author should be given credit. If the rationale for a study was suggested in the discussion section of someone else's article, the person should be given credit. Given the free exchange of ideas, which is very important for the health of intellectual discourse, authors may not know where an idea for a study originated. If authors do know, however, they should acknowledge the source; this includes personal communications (p. 11). For guidance on proper documentation, consult the Academic Success Center or a recommended guide to documentation and research such as the Manual of the APA or the MLA Handbook for Writers of Research Papers. If you still have doubts concerning proper documentation, seek advice from your instructor prior to submitting a final draft.

TAMIU has penalties for plagiarism and cheating.

- **Penalties for Plagiarism**: Should a faculty member discover that a student has committed plagiarism, the student should receive a grade of 'F' in that course and the matter will be referred to the Honor Council for possible disciplinary action. The faculty member, however, may elect to give freshmen and sophomore students a "zero" for the assignment and to allow them to revise the assignment up to a grade of "F" (50%) if they believe that the student plagiarized out of ignorance or carelessness and not out of an attempt to deceive in order to earn an unmerited grade; the instructor must still report the offense to the Honor Council. This option should not be available to juniors, seniors, or graduate students, who cannot reasonably claim ignorance of documentation rules as an excuse. For repeat offenders in undergraduate courses or for an offender in any graduate course, the penalty for plagiarism is likely to include suspension or expulsion from the university.
  - *Caution*: Be very careful what you upload to Turnitin or send to your professor for evaluation. Whatever you upload for evaluation will be considered your final, approved draft. If it is plagiarized, you will be held responsible. The excuse that "it was only a draft" will not be accepted.
  - *Caution*: Also, do not share your electronic files with others. If you do, you are responsible for the possible consequences. If another student takes your file of a paper and changes the name to his or her name and submits it and you also submit the paper, we will hold both of you responsible for plagiarism. It is impossible for us to know with certainty who wrote the paper and who stole it. And, of course, we cannot know if there was collusion between you and the other student in the matter.
- **Penalties for Cheating**: Should a faculty member discover a student cheating on an exam or quiz or other class project, the student should receive a "zero" for the assignment and not be allowed to make the assignment up. The incident should be reported to the chair of the department and to

the Honor Council. If the cheating is extensive, however, or if the assignment constitutes a major grade for the course (e.g., a final exam), or if the student has cheated in the past, the student should receive an "F" in the course, and the matter should be referred to the Honor Council. Additional penalties, including suspension or expulsion from the university may be imposed. Under no circumstances should a student who deserves an "F" in the course be allowed to withdraw from the course with a "W."

- *Caution*: Chat groups that start off as "study groups" can easily devolve into "cheating groups." Be very careful not to join or remain any chat group if it begins to discuss specific information about exams or assignments that are meant to require individual work. If you are a member of such a group and it begins to cheat, you will be held responsible along with all the other members of the group. The TAMIU Honor Code requires that you report any such instances of cheating.

- **Student Right of Appeal**: Faculty will notify students immediately via the student's TAMIU e- mail account that they have submitted plagiarized work. Students have the right to appeal a faculty member's charge of academic dishonesty by notifying the TAMIU Honor Council of their intent to appeal as long as the notification of appeal comes within 10 business days of the faculty member's e-mail message to the student and/or the Office of Student Conduct and Community Engagement. The Student Handbook provides more details.

Use of Work in Two or More Courses

You may not submit work completed in one course for a grade in a second course unless you receive explicit permission to do so by the instructor of the second course. In general, you should get credit for a work product only once.

AI Policies

Your instructor will provide you with their personal policy on the use of AI in the classroom setting and associated coursework.

TAMIU E-Mail and SafeZone

Personal Announcements sent to students through TAMIU E-mail (tamiu.edu or dusty email) are the official means of communicating course and university business with students and faculty –not the U.S. Mail and no other e-mail addresses. Students and faculty must check their TAMIU e-mail accounts regularly, if not daily. Not having seen an important TAMIU e-mail or message from a faculty member, chair, or dean is not accepted as an excuse for failure to take important action.

Students, faculty, and staff are encouraged to download the SafeZone app, which is a free mobile app for all University faculty, staff, and students. SafeZone allows you to: report safety concerns (24/7), get connected with mental health professionals, activate location sharing with authorities, and anonymously report incidents. Go to SafeZone (https://www.tamiu.edu/adminis/police/safezone/index.shtml) for more information.

Copyright Restrictions

The Copyright Act of 1976 grants to copyright owners the exclusive right to reproduce their works and distribute copies of their work. Works that receive copyright protection include published works such as a textbook. Copying a textbook without permission from the owner of the copyright may constitute copyright infringement. Civil and criminal penalties may be assessed for copyright infringement. Civil penalties include damages up to $100,000; criminal penalties include a fine up to $250,000 and imprisonment. Copyright laws do not allow students and professors to make photocopies of copyrighted materials, but you may copy a limited portion of a work, such as article from a journal or a chapter from a book for your own personal academic use or, in the case of a professor, for personal, limited classroom use. In general, the extent of your copying should not suggest that the purpose or the effect of your copying is to avoid paying for the materials. And, of course, you may not sell these copies for a profit. Thus, students who copy textbooks to avoid buying them or professors who provide photocopies of textbooks to enable students to save money are violating the law.

Students with Disabilities

Texas A&M International University seeks to provide reasonable accommodations for all qualified persons with disabilities. This University will adhere to all applicable federal, state, and local laws, regulations and guidelines with respect to providing reasonable accommodations as required to afford equal education opportunity. It is the student's responsibility to register with the Office of Disability Services for Students located in Student Center 124. This office will contact the faculty member to recommend specific, reasonable accommodations. Faculty are prohibited from making accommodations based solely on communications from students. They may make accommodations only when provided documentation by the Office of Disability Services for Students.

For accommodations or assistance with disabilities, contact the Disability Coordinator, Karla Pedraza, at karla.pedraza@tamiu.edu, call 956.326.2763, or visit Student Center 124.

Student Attendance and Leave of Absence (LOA) Policy

As part of our efforts to assist and encourage all students towards graduation, TAMIU provides
LOA's for students, including pregnant/parenting students, in accordance with the Attendance Rule (Section 3.07) and the Student LOA Rule (Section 3.08), which includes the "Leave of Absence Request" form. Both rules can be found in the TAMIU Student Handbook (URL: Student Handbook (https://www.tamiu.edu/handbook/index.shtml)).

Pregnant and Parenting Students

Under Title IX of the Education Amendments of 1972, harassment based on sex, including harassment because of pregnancy or related conditions, is prohibited. A pregnant/parenting student must be granted an absence for as long as the student's physician deems the absence medically necessary. It is a violation of Title IX to ask for documentation relative to the pregnant/parenting student's status beyond what would be required for other medical conditions. Students who experience or observe alleged or suspected discrimination due to their pregnant/parenting status, should report to the TAMIU Title IX Coordinator (Lorissa M. Cortez, 5201 University Boulevard, KLM 159B, Laredo, TX 78041, TitleIX@tamiu.edu, 956.326.2857) and/or the Office of Civil Rights (Dallas Office, U.S. Department of Education, 1999 Bryan Street, Suite 1620, Dallas, TX 75201-6810, 214.661.9600). You can also report it on TAMIU's anonymous electronic reporting site, *Report It*, at https://www.tamiu.edu/reportit (https://www.tamiu.edu/reportit/index.shtml).

TAMIU advises a pregnant/parenting student to notify their professor once the student is aware that accommodations for such will be necessary. It is recommended that the student and professor develop a reasonable plan for the student's completion of missed coursework or assignments. The Office of Compliance (Lorissa M. Cortez, lorissam.cortez@tamiu.edu) can assist the student and professor in working out the reasonable accommodation. For other questions or concerns regarding Title IX compliance related to pregnant/parenting students, contact the Title IX Coordinator. In the event that a student needs a leave of absence for a substantial period of time, TAMIU urges the student to consider a Leave of Absence (LOA) as outlined in the TAMIU *Student Handbook*.#As part of our efforts to assist and encourage all students towards graduation, TAMIU provides LOAs for students, including pregnant/parenting students, in accordance with the Attendance Rule and the Student LOA Rule.#Both rules can be found in the TAMIU *Student Handbook*.

For parenting-related rights, accommodations, and resources, contact the Parenting Liaison, Mayra Hernandez, at mghernandez@tamiu.edu, call 956.326.2265, or visit Student Center 226.

For pregnancy-related rights, accommodations, and resources, contact the TIX Coordinator, Lorissa Cortez, at lorissaM.cortez@tamiu.edu, call 956.326.2857, or visit Killam Library 159.

Anti-Discrimination/Title IX

TAMIU does not discriminate or permit harassment against any individual on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, educational programs, or employment. If you would like to file a complaint relative to Title IX or any civil rights violation, please contact the TAMIU Director of Equal Opportunity and Diversity/Title IX Coordinator, Lorissa M. Cortez, 5201 University Boulevard, Killam Library 159B, Laredo, TX 78041, TitleIX@tamiu.edu, 956.326.2857, via the anonymous electronic reporting website, ReportIt (https://www.tamiu.edu/reportit) and/or the Office of Civil Rights (Dallas Office), U.S. Department of Education, 1999 Bryan Street, Suite 1620, Dallas, TX 75201-6810, 214.661.9600.

Incompletes

Students who are unable to complete a course should withdraw from the course before the final date for withdrawal and receive a “W.” To qualify for an “incomplete” and thus have the opportunity to complete the course at a later date, a student must meet the following criteria:

1. The student must have completed 90% of the course work assigned before the final date for withdrawing from a course with a “W”, and the student must be passing the course;
2. The student cannot complete the course because an accident, an illness, or a traumatic personal or family event occurred after the final date for withdrawal from a course;
3. The student must sign an “Incomplete Grade Contract” and secure signatures of approval from the professor and the college dean.
4. The student must agree to complete the missing course work before the end of the next long semester; failure to meet this deadline will cause the “I” to automatically be converted to an “F”; extensions to this deadline may be granted by the dean of the college. This is the general policy regarding the circumstances under which an “incomplete” may be granted, but under exceptional circumstances, a student may receive an incomplete who does not meet all of the criteria above if the faculty member, department chair, and dean recommend it.

WIN Contracts

The Department of Biology and Chemistry does not permit WIN contracts. For other departments within the college, WIN Contracts are offered only under exceptional circumstances and are limited to graduating seniors. Only courses offered by full-time TAMIU faculty or TAMIU instructors are eligible to be contracted for the WIN requirement. However, a WIN contract for a course taught by an adjunct may be approved, with special permission from the department chair and dean. Students must seek approval before beginning any work for the WIN Contract. No student will contract more than one course per semester. Summer WIN Contracts must continue through both summer sessions.

Student Responsibility for Dropping a Course

It is the responsibility of the student to drop the course before the final date for withdrawal from a course. Faculty members, in fact, may not drop a student from a course without getting the approval of their department chair and dean.

Independent Study Course

Independent Study (IS) courses are offered only under exceptional circumstances. Required courses intended to build academic skills may not be taken as IS (e.g., clinical supervision and internships). No student will take more than one IS course per semester. Moreover, IS courses are limited to seniors and graduate students. Summer IS course must continue through both summer sessions.

Grade Changes & Appeals

Faculty are authorized to change final grades only when they have committed a computational error or an error in recording a grade, and they must receive the approval of their department chairs and the dean to change the grade. As part of that approval, they must attach a detailed explanation of the reason for the mistake. Only in rare cases would another reason be entertained as legitimate for a grade change. A student who is unhappy with his or her grade on an assignment must discuss the situation with the faculty member teaching the course. If students believe that they have been graded unfairly, they have the right to appeal the grade using a grade appeal process in the Student Handbook and in the Faculty Handbook.

Final Examination

All courses in all colleges must include a comprehensive exam or performance and be given on the date and time specified by the Academic Calendar and the Final Exam schedule published by the Registrar's Office. In the College of Arts & Sciences all final exams must contain a written component. The written component should comprise at least 20% of the final exam grade. Exceptions to this policy must receive the approval of the department chair and the dean at the beginning of the semester.

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it. The Telus app is available to download directly from TELUS (tamiu.edu) (https://www.tamiu.edu/counseling/telus/) or from the Apple App Store and Google Play.

Distance Education Courses

Regular and Substantive Interaction

Students will receive constant feedback after every discussion/voice thread submitted. Weekly announcements will be sent out as reminders and a quick overview of what the week will entail.

Visit for additional guidance on including Regular and Substantive Interaction: https://www.tamiu.edu/distance/faculty/regular-and-substantive-interaction.shtml

Online Courses and On-Campus Meetings

Texas Administrative Code (TAC), Title 19, Part 1, Chapter 2, Subchapter J, Section 2.202 (https://texreg.sos.state.tx.us/public/readtac$ext.TacPage?sl=R&app=9&p_dir=&p_rloc=&p_tloc=&p_ploc=&pg=1&p_tac=&ti=19&pt=1&ch=2&rl=202), defines distance education as the formal educational process that occurs when students and instructors are not in the same physical setting for the majority (more than 50%) of instruction. Distance education includes hybrid and 100% online courses and programs as defined by the Texas Higher Education Coordinating Board (THECB):

- **100-Percent Online Course** - A distance education course in which 100 percent of instructional activity takes place when the student(s) and instructor(s) are in separate physical locations. **Requirements for on-campus or in-person orientation, testing, academic support services, internships/fieldwork, or other non-instructional activities do not exclude a course from this category.**

NO SYNCHRONOUS MEETINGS WILL BE REQUIRED

Course Structure:

Every week, a chapter reading must be completed. To test your knowledge on the readings, each week will consist of a quiz and a discussion/voice thread. The following chapters will be covered each week.

I. Foundations of Structural Kinesiology

II. Neuromuscular Fundamentals

III. Basic Biomechanical Factors and Concepts

IV. The Shoulder Girdle

V. The Shoulder Joint

VI. The Elbow and Radioulnar Joints

VII. The Wrist & Hand Joints

VIII. The Hip Joint and Pelvic Girdle

IX. The Tibiofemoral (Knee) Joint

X. The Talocrural (Ankle) Joint & Foot Joints

XI. The Trunk and Spinal Column

XII. Muscular Analysis of Selected Exercises and Related Concepts

Student-Instructor Communication Policy and Response Time

Announcements/Course Messages/Emails

Please check announcements daily. I will be sending updated information if needed. Emails and course messages will be used for any interaction with students who have any questions or concerns about the course material. I will typically respond to emails as well as Blackboard/phone messages within a 48-hour time period, excluding weekends and holidays. In case a student requests a live chat, it should be scheduled at least a week in advance.

Assignments and Assessments

Discussions and Voice Threads will be graded within a week after the due date, and feedback about written assignments will be provided with their grades and can be found within the assignment. *Quizzes and exams will be graded automatically upon completion by Blackboard.

Course Communication Guidelines (Netiquette)

There are course expectations concerning etiquette or how we should treat each other online. We must consider these values as we communicate with one another. Visit the **Instructional Technology and Distance Education Services' web page on Netiquette (http://www.tamiu.edu/distance/students/netiquette.shtml)** for further instruction.

Accommodations/Accessibility Policy

Texas A&M International University seeks to provide reasonable accommodation for all qualified persons with disabilities. This University will adhere to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations as required to afford equal educational opportunity. It is the student's responsibility to register with the Director of Student Counseling and to contact the faculty member in a timely fashion to arrange for suitable accommodation. For more information, contact the **Office of Disability Services for Students (DSS)** online, via phone at 956.326.3086, or by visiting the staff at the Student Center, room 118. A link to the Disabilities Services for Students site has also been included under the "Resources" tab inside the course.

Student Support Resources

The University wishes to have all students succeed in their courses. To provide support to our students, an array of services in the areas of technology support, academic support, student support, and accessibility support may be found at the University. For more information, visit the Instructional Technology and Distance Education Services page on **University Resources and Support Services**.

Computer/Technology Requirements

It is recommended that students meet the technical requirements listed on the Instructional Technology and Distance Education Services' webpage (http://www.tamiu.edu/distance/students/technology-requirements.shtml) when using Blackboard, the learning management system (LMS) of the University. Below is information regarding orientation to Bb. Additionally, students can find assistance in Bb under the "Student Support" tab of Bb. Information on technology support services, academic support services, student support services, and accessibility support services may be found there. Additionally, Atomic Learning training videos may be beneficial if any students lack technology skills.

Students should have knowledge of basic computer and Internet skills, as mentioned on the TAMIU Instructional Technology and Distance Education Services webpage (http://www.tamiu.edu/distance/students/knowledge-and-skills.shtml).

Additional Software. You will need the following additional software: Microsoft PowerPoint for viewing lesson presentations and Microsoft Word for viewing course files and submitting assignments. TAMIU Students may access online versions of this software through their Dusty Office 365 account at https://dusty.tamiu.edu/. This site also provides students with access to download the Microsoft suite for educational use. See instructions for downloading the Microsoft Office suite (http://www.tamiu.edu/distance/documents/Microsoft-Office-2016-Download-Instructions.pdf). Additional skills required for this course may include knowing how to use Turnitin (http://www.tamiu.edu/distance/technology/turnitin.shtml). You may find the accessibility and privacy policies of these technologies on the following pages: Accessibility Statements (http://www.tamiu.edu/distance/technology/accessibility-statements.shtml) and Privacy Statements (http://www.tamiu.edu/distance/technology/privacy-statements.shtml).

When participating in distance education courses, it is vital to consider the technology involved in order to have a successful course. Online students will need regular access to a personal computer that runs on a broadband Internet connection.

It is recommended that you meet the technical requirements listed on the Instructional Technology and Distance Education Services' webpage when using the learning management system (LMS) of the University.

Additional Hardware. For this class, you will need the following additional hardware: Laptops/Desktops. Recently purchased laptops may have these built-in web cameras. If you do not have this equipment, it is recommended to purchase a stand-alone webcam, a microphone, or a webcam with a built-in microphone from your local electronic store or any online store.

NOTE: Instructional Technology and Distance Education Services may check out available webcams to students on a first-come, first-served basis. To check out a webcam, please stop by Killam Library, Room 259, and request an available webcam.

Additional Software. You will need the following additional software: *Respondus Lockdown Browser and Monitor, Microsoft Office.* TAMIU Students may access online versions of this software through their Dusty Office 365 account at **https://dusty.tamiu.edu/**. This site also provides students with access to download the Microsoft suite for educational use. **See instructions for downloading the Microsoft Office suite**.

Note: Students, if you do not own the required hardware or software or do not have access to the Internet, it will be highly challenging for you to make any progress in this class. However, my goal is to assist you in finding solutions and guide you appropriately. Most of the required materials can either be found free of charge at TAMIU's library, classrooms, and available computer labs. **Visit Media Services' web page on the availability of on-campus computer labs.** In addition, you may also purchase any of these items at any electronic store.

Learning Management System (Blackboard)

Students are provided with an orientation (*eLearning (Blackboard) Student Orientation*) and access to guides on how to use the Blackboard LMS. Guides may be available at **Instructional Technology and Distance Education Services' Student eLearning Tutorial Videos page** or by contacting the eLearning team at **elearning@tamiu.edu**.

Minimum Technical Skills Expected

When participating in distance education courses, it is vital to consider the technology involved in order to have a successful course. Students in distance education should have knowledge of basic computer and Internet skills, as mentioned on the **Instructional Technology and Distance Education Services' webpage**.

Technical Support Services

Because of the nature of distance education courses, the Office of Information Technology (OIT) computing and information services are vital to the success of online students. This webpage covers contact information for Distance Education Services (Blackboard Support), the OIT Help Desk, and E-mail support: **Technical Support Services**.

Web Conferences/Synchronous sessions

No Synchronous sessions will be required.

Grading Scale/Schema (after Grade Breakdown section)

In determining the final course grade, the following scale is used in percentage or point value.

- *100-90 = A*
- *89-80 = B*
- *79-70 = C*
- *69 - 60 = D*

Less than 60 = F

Late Work Policy

1. Late/Missing Tasks/Assignments: No late work will be accepted. Students are responsible for submitting work on the due date and time specified.

(Exceptions: if you are absent because of a school-sponsored activity (you need to notify me at least one week in advance) or illness with a doctor's excuse. In which case, you need to take the exam on a specific date & time that I will assign.

2. Additional Course Information (e.g., Description of Assignments):

The professor has the right to change the lecture schedule (including or taking away) any materials from the preliminary lecture schedule

Course Evaluation

At the end of this course, students are encouraged to complete a course evaluation that will be distributed to them via email and through a course link.

Proctoring *:*

Respondus Lockdown Browser and Monitor are required for the Midterm Exam and Final Exam

Accessibility and Privacy Statements on Course Technologies

At Texas A&M International University, we believe that all students should have equal technology opportunities in the classroom. These technologies/ sites may also require user data, such as the creation of a username and password. You may find the accessibility and privacy policies of the technologies used in this class on the following pages: **Accessibility Statements and Privacy Statements**.

In this class, we will utilize Microsoft Office and Voice Thread

Syllabus Subject to Change

While information and assurances are provided in this course syllabus, it should be understood that content may change in keeping with new research and literature and that events beyond the control of the instructor could occur. Students will be informed of any substantive occurrences that will produce syllabus changes.